

## Cables & twists without a cable needle

This tutorial is for one of the techniques used Viora, Traversa and Elsica; the T2B, which is a cable twist of knit and purl stitches with a right hand slant. Here I'll show you how to perform the twist without a cable needle. I certainly find a 2 stitch twist much, much easier without a cable needle, and quicker too.

The principles shown here can be applied to any cable or twist, and once you've got the hang of moving the stitches without a cable needle, you won't look back!



1. As you approach the point where the stitches will be twisted, stop just before the first stitch used in the manoeuvre, which in this case is the purl before the knit stitch.



2. Using your right hand needle, insert the needle into the knit stitch.



3. Gently push both the purl and the knit stitch towards the tip of the left hand



4. Gently and quickly, catch the purl stitch with the left hand needle, which

needle, keeping the right hand needle inserted into the knit stitch. Slip both stitches off the end of the left needle.



5. Slide the knit stitch back onto the left needle, where it will sit before the purl stitch – and you'll see that these 2 sts have swapped places!

will be sitting at the back – the knit stitch is now on the right needle, and the purl back on the left.



6. Now knit the knit stitch and then purl the purl as you would normally – one right twist has been performed.

This same principle can be used for a T2F, where the stitches are twisted the opposite way, and just about any cable where the stitches are manageable without a needle.

For a T2F, you would approach the stitch that needs to be moved from behind, as this would give you a left hand twist.

Cables are approached in exactly the same – lift the stitches to be moved from the front for a right twist, and from the back for a left. Anything over say a C6B/F might get fiddly, as you'll have 3 or more stitches off the needle at any given point, and you may feel more confident using a needle for those manoeuvres.

### **Contact:**

All information included is accurate to the best of my knowledge, and is gained through my own experimentation and development.

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